

Pulling it
Together

@evolveyou

#playhavefun

#nickname

#three15

Reminders!



3 reasons why children learn best

- 1 Have Fun - Play
- 2 Inquisitive
- 3 Fearless

Create

~~Change~~

Transformation

If we Focus on

Change = Effect or
Problem

Transformation = Cause

$$E \times E = R$$

Effort

x

Effectiveness

=

Results

Hula - Hoop Exercise

- Speed
- Work as a Team

Group “A”

Group “B”

What are the rules?

Decision Making 101

R
O
C
K

R

What is your

Result or Outcome



Options - what are they?

At least 3!

C

Consequences -
what are they?

+

-

Bonus - You can Quantify Give it a Rating!

K

lock it down

Thank you!

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916.905.3288

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